Hanukkah: A Lesson in Fixed Spontaneity

by Dina Brawer

Ronda Angel Arking, Editor

This issue is dedicated by Rabbi Lila Kagedan in observance of the third Yahrtzeit of her dear “Abba” Ian J. Kagedan Z’L, a biblical philologist and scholar, civil servant and activist who was devoted to community service, human rights, justice, Am Yisrael and his family.
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Imagine the elation felt by the Hasmoneans who recaptured the Temple and their jubilant euphoria when their frantic search produced a small jar of pure oil. This find enabled them to light the Menorah, which by miracle burned for eight days. The Hasmoneans’ direct experience of salvation culminated in a celebration they termed Hanukkah, a celebration that was then mandated for posterity.

The tension between the original Hanukkah miracle and its later celebration is captured in the Talmud’s description of Hanukkah as a festival of renewal and rededication of the Temple, which is then fixed for years to come (Shabbat 21b). If the celebration is fixed in advance, how can it feel original or new? How can we recapture the original feeling of the Hasmoneans when lighting our small Hanukkah lights against the backdrop of twenty-first-century life?

This type of tension is addressed by two early-twentieth-century scholars of religion, the American pioneer of the psychology of religion, William James, and the hasidic master, R. Yehudah Aryeh Leib of Gur, known by his work Sefat Emet. These men raise similar questions—yet they arrive at vastly different conclusions.

William James (1842–1910), in his Varieties of Religious Experience, distinguishes between the spontaneous firsthand outpouring of religious ecstasy experienced by the founders of a religion or religious sect and the rituals and practices mandated by a received tradition. He dismisses the latter as a secondhand imitation of the genuine religious inspiration experienced by others. He writes that his interest lies in studying the original experiences which were the pattern-setters to all this mass of suggested feeling and imitated conduct. These experiences we can only find in individuals for whom religion exists not as a dull habit, but as an acute fever rather. ²

James’ critique of “secondhand” religious practice touches a nerve for observant Jews. Our religion fits his description well: It was fixed for us by our ancestors centuries before our time; communicated to us through tradition; imitated and retained through habit. Our prayers have been scripted for us, and we repeat them at set times. Our rituals are prescribed in minute detail, and our highly choreographed festivals are inspired by miracles and events that we have not directly experienced. Our ritual practice is repetitive and set in the past, lacking the opportunity for spontaneous devotion elicited by a direct personal experience that James describes as “an acute fever.”

But is James’ critique entirely fair? Can there be something positive about formalized routine religious practice? Three key factors raised by social anthropologists in response to James are pertinent: authenticity, transmission, and community. A ritual’s authenticity is derived by the repetition itself. The knowledge that we are repeating something received from previous generations is what creates tradition, in turn fostering the ritual’s legitimacy, precisely because it is rooted in past precedent. Although frequency and arousal are generally in inverse proportion to each other, and repetition diminishes the emotional intensity experienced through the ritual, the repetition itself can foster the transmission ²

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² William James, Varieties of Religious Experiences, (1982) p6
complex religious ideas as individuals have the
to observe and question the details
of ritual practice. Finally, although firsthand
religious experiences are more authentic, they are
isolated religious episodes that lack connection
with other individuals. A key element in a genuine
religious experience is mediated by the collective
religion

Although these arguments highlight the
importance of repeated ritual, they nonetheless
fail to address James’ challenge that spontaneous
religious expression is more acute and passionate
than repeated fixed rituals.

This is where the Sefat Emet (1847–1905)
comes in. He begins one of his Hanukkah
discourses with a close reading of the talmudic
injunction concerning the timing of the Hanukkah
lighting. The Talmud (Shabbat 21b) states:

... [One may begin kindling the Hanukkah lights]
from sundown until footsteps cease in the
marketplace.

The Hebrew word the Talmud uses to denote
footsteps is רגלי, meaning “foot,” which shares the same
root as the word קהל, meaning “regularity.” Typical of
a hasidic thinker, the Sefat Emet plays with this linguistic
similarity so that the talmudic passage yields an entirely
new meaning: עד שתכלה רגל מן השוק means that one
must kindle the Hanukkah lights until regularity ceases.
That is to say, one must perform this routine mitzvah with
such religious fervor as to render it a firsthand religious
experience.

He develops this idea further by citing a verse
relating to the first ever kindling of the Menorah performed by Aaron the High Priest:

And the Lord spoke to Moses, saying, “Speak to
Aaron and say to him: When you light up the
lamps, opposite the front of the lamp stand shall
seven lamps give light.” And thus Aaron did:
Opposite the front of the lamp stand he lit up its
lamps as the Lord had charged Moses. 3

Sefat Emet then draws the reader’s attention
to an odd comment by Rashi, who cites the Sifre:

And thus Aaron did: This comes to teach that
Aaron did not deviate [from God’s instructions].

Why, asks the Sefat Emet, is Aaron praised for
not deviating from God’s command? His answer is
that Aaron’s virtue was not that he performed the
act without any technical deviation—but rather
that he performed the ritual repeatedly without
any emotional deviation. That is to say, each time
Aaron lit the Menorah, he did so with the same
level of enthusiasm as his very first experience
performing the mitzvah. In Jamesian terms, Aaron
infused a secondhand religious experience with
the energy and excitement of a firsthand religious
experience.

The Sefat Emet goes beyond James and his
critics by refusing to prioritize one polarity at the
expense of the other. His point is that we need
both novelty and repetition. The challenge is not
to have to choose between the two, but rather to
infuse the repeated ritual with a sense of freshness
and passion.

The Sefat Emet invites us to feel each iteration
of routine religious ritual as a powerful novel
experience. This is admittedly easier said than
done. It requires rich religious imagination. But
with time and effort, imagination can be cultivated.
Hanukkah, with its beguiling message of fixed renewal, is an opportune time for the cultivation
to begin.

3 Numbers 8:1–3
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